



Dr Anuya Deshpande with Dr Andrew Botting, Skin Deep's new specialist in skin lesion and melanoma removal.

Skin lesion expert joins clinic

Beauty is skin deep—but skin cancer can go far deeper, with deadly results.

Skin Deep Aesthetics is continually broadening their range of services and their latest expansion will save lives, says Skin Deep's founder, Dr Anuya Deshpande.

"We are able to offer the people of this region an overall appearance medicine service—from anti-aging and skincare, to checking and removing of lesions. Skin lesions are common but left unchecked can result in marked disfigurement. Skin cancer left untreated will kill many otherwise healthy New Zealanders. It is often overlooked, but is easy to detect and treat if you know what you're looking for," says Dr Deshpande.

One person who really does know what he's looking for is Dr Andrew Botting, who now runs clinics at Skin Deep Aesthetics. He trained at the Australasian College of Skin Cancer Medicine and is certified in a technique called dermoscopy—which identifies skin lesions that require surgical removal.

Experience in plastic surgery means clients are left with minimal scarring, and he and Dr Deshpande can combine their therapies to do scar revision of previous treatments.

"GPs often don't spot melanomas in their patients if they are not specifically looking for them. They often grow in areas difficult-to-see areas—such as the scalp, neck, back and soles of feet. Skin Deep Aesthetics now provides a complete service to identify and treat these skin lesions using the latest techniques that leave far less visible scarring."

New Zealand and Australia have the highest rates of skin cancer in the world. More than 60,000 people develop skin cancer each year in New Zealand.

"If you notice a change on your skin; a new spot or an existing spot, freckle or mole that has changed in colour, shape or size, you should see your doctor, or give us a call," says Dr Deshpande.

Born and raised in Auckland, Dr Botting studied medicine at Otago University. During his years as a Resident Medical Officer he worked in orthopedics, plastic surgery and ear, nose and throat surgery. He became particularly interested in the management of malignant skin conditions and in July this year completed a Diploma of Skin Cancer Medicine through the Australasian College of Skin Cancer Medicine.

Dr Botting has also written articles which have been published in the International Journal of Paediatric Otolaryngology, Plastic and Reconstructive Surgery and the New Zealand Medical Journal.

His experience in plastic surgery and dermoscopy means he can spot and surgically remove lesions in difficult areas such as the eyes, ears, nose, lips, head, neck, digits and lower limbs. Currently a senior medical officer in emergency medicine at Gisborne Hospital, he has teamed up with Skin Deep Aesthetics to run private clinics.

Dr Botting also loves being outdoors and served five years in the New Zealand Territorial Army. Last year he moved to Gisborne to provide his family with a great place to grow up—as well as a base for his passions for fly-fishing and ecology.

Call Skin Deep Aesthetics for a consultation with Dr Anuya Deshpande or Dr Andrew Botting.

Skin deep
A E S T H E T I C S

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